Businesses across all fields are beginning to understand the paramount importance of mental health and its ties to employee well-being, leadership effectiveness, and overall organizational performance. Positive Actions International combines a unique perspective that aligns mental health with business practice significance though its Keep It Balanced (KIB) mental fitness program.

By positioning mental health as a core strategic aspect, businesses can capitalize organizational victories that produce resilience, uplift every individual, regardless of their position and the best companies are actively providing resources, tools, and services to all workers so they can seek and get the help they need. Having an open, positive environment when it comes to mental health can make a huge difference in employee well-being and harmonize work-life balance. Join us.

How It Works

• Customized Solutions: Each organization stands distinct. Our solutions mold to match your

organization's dimensions and unique needs, promising a rounded approach to mental fitness.

• Executive and Therapist Partnership: We bridge the worlds of corporate leadership and therapy to help steer your business towards a brighter horizon of well-being.

• Comprehensive Program Portfolio: Whether it's grappling with imposter syndrome or mastering stress, we've got you covered with our expansive repertory workshops, shedding light on diverse mental fitness topics.

• Manager/Executive Boot Camps: Choose from 5 distinct boot camps every quarter, designed especially for the leadership tier.

• Time Commitment: A flexible program, asking for 12 hours or less in a year of your time.

Join Us

KIB is a mental fitness program that aims to reshape organizational mental landscapes by providing mental health solutions that work for your business. Join hands with Positive Actions International and journey towards a future where a more meaningful, well-balanced life isn't just a goal, but an integrated organizational lifestyle. Take action today.

Investment

Experience transformative change for a value­ driven investment of $5k.

To book a Mental Health Presentation for your organization or to learn more about how our partnership can help your employees reach new highs, contact Positive Actions International at 817-807-0058 or visit our website www.postiveactionsinternational.com